

# Overnight Backpacking Checklist

(Choose items that match your trip plans and the expected weather conditions)

## The 10+ Essentials (EVERY TRIP)

- |   |   |
|---|---|
| <input type="checkbox"/> Extra clothing layer(s)                              | <input checked="" type="checkbox"/> Map of area ( waterproofed) |
| <input type="checkbox"/> Drinking water                                       | <input type="checkbox"/> Compass (orienteeing type)             |
| <input type="checkbox"/> Food ('emergency')                                   | <input type="checkbox"/> Sunglasses (with retaining strap)      |
| <input type="checkbox"/> First-aid kit  | <input type="checkbox"/> Sunscreen                              |
| <input type="checkbox"/> Pocket knife   | <input type="checkbox"/> Headlamp or flashlight                 |
| <input type="checkbox"/> Matches (in waterproof container)<br>and firestarter | <input type="checkbox"/> (with extra batteries/ bulbs)          |

## Hiking Clothing

- |  |  |
|--|--|
| <input type="checkbox"/> Quick-drying pants/shorts | <input type="checkbox"/> Fleece or wool vest           |
| <input type="checkbox"/> Short-sleeved shirts      | <input type="checkbox"/> Fleece jacket or wool sweater |
| <input type="checkbox"/> Long-sleeved shirts       | <input type="checkbox"/> Warm pants (fleece or wool)   |
| <input type="checkbox"/> Regular underwear         | <input type="checkbox"/> Wicking long underwear        |
| <input type="checkbox"/> Quick-drying swimsuit     | <input type="checkbox"/> (top/bottoms)                 |

## Outerwear

- |  |  |
|--|--|
| <input type="checkbox"/> Raingear (top/bottoms)    | <input type="checkbox"/> Warm hat (fleece or wool)     |
| <input type="checkbox"/> Wide-brimmed rain/sun hat | <input type="checkbox"/> Fleece or wool gloves/mittens |
| <input type="checkbox"/> Bandanna                  | <input type="checkbox"/> Waterproof gloves/overmitts   |

## Footwear

- |   |                                      |
|---|--------------------------------------|
| <input type="checkbox"/> Hiking socks                       | <input type="checkbox"/> Extra laces |
| <input type="checkbox"/> Wicking liner socks                | <input type="checkbox"/> Gaiters     |
| <input type="checkbox"/> Hiking boots/shoes (match terrain) |                                      |

## Personal Items

- |   |   |
|---|---|
| <input type="checkbox"/> Toothbrush and toothpaste      | <input type="checkbox"/> Other personal toiletry items            |
| <input type="checkbox"/> Small bath towel               | <input type="checkbox"/> Insect repellent                         |
| <input type="checkbox"/> Brush/comb                     | <input type="checkbox"/> Head net                                 |
| <input type="checkbox"/> Toilet Paper                   | <input type="checkbox"/> Drinking Cup                             |
| <input type="checkbox"/> Soap / Waterless Hand Cleaner  | <input type="checkbox"/> Bowl, Plate (both optional)              |
| <input type="checkbox"/> Trowel                         | <input type="checkbox"/> Spoon (fork optional)                    |
| <input type="checkbox"/> Lip balm (with sun protection) | <input type="checkbox"/> Water Bottles (2 liters <b>minimum</b> ) |

## Camping Gear

- |   |   |
|---|---|
| <input type="checkbox"/> Backpack   | <input checked="" type="checkbox"/> Stove and fuel              |
| <input type="checkbox"/> Day/summit pack                                    | <input checked="" type="checkbox"/> Stove Repair Kit            |
| <input type="checkbox"/> Pack cover   | <input checked="" type="checkbox"/> Funnel                      |
| <input type="checkbox"/> Tent <sup>1</sup> , tarp <sup>1</sup> or bivy sack | <input checked="" type="checkbox"/> Matches/lighter             |
| <input type="checkbox"/> Rainfly  | <input checked="" type="checkbox"/> Cook set                    |
| <input type="checkbox"/> Tent stakes  | <input checked="" type="checkbox"/> Cooking utensils            |
| <input type="checkbox"/> Footprints   | <input checked="" type="checkbox"/> Pot grabber                 |
| <input type="checkbox"/> Sleeping bag in a                                  | <input checked="" type="checkbox"/> Biodegradable soap          |
| <input type="checkbox"/> Stuff or Compression sack lined                    | <input checked="" type="checkbox"/> Pot scrubber/dish towel     |
| <input type="checkbox"/> with puncture-resistant bag <sup>2</sup>           | <input checked="" type="checkbox"/> Plastic garbage bags        |
| <input type="checkbox"/> Sleeping Pad                                       | <input checked="" type="checkbox"/> Water filter/purifier       |
| <input type="checkbox"/> Extra nylon stuff sacks                            | <input checked="" type="checkbox"/> Water-purification tablets  |
| <input type="checkbox"/> Resealable plastic bags (variety)                  | <input checked="" type="checkbox"/> Collapsible water container |
| <input type="checkbox"/> Camp Shoes / Moccasins                             | <input checked="" type="checkbox"/> Lantern                     |
| <input checked="" type="checkbox"/> Food (adequate for trip)                | <input checked="" type="checkbox"/> Tent broom                  |
| <input checked="" type="checkbox"/> Bear Canisters (1 / person - week)      | <input checked="" type="checkbox"/> Bear Bag Hanging Supplies   |

## Other/Extras

- |  |   |
|--|---|
| <input type="checkbox"/> 100-foot accessory cord           | <input checked="" type="checkbox"/> Wilderness, Camping, Fire permits |
| <input type="checkbox"/> Notebook and pencil               | <input checked="" type="checkbox"/> Repair/sewing kit                 |
| <input type="checkbox"/> Watch                             | <input checked="" type="checkbox"/> Field guides                      |
| <input type="checkbox"/> Hiking poles                      | <input checked="" type="checkbox"/> Binoculars                        |
| <input type="checkbox"/> Camera w/ film, memory, batteries | <input checked="" type="checkbox"/> Alarm Clock                       |
| <input type="checkbox"/> Money                             | <input checked="" type="checkbox"/> Travel games                      |
| <input type="checkbox"/> Photo ID                          | <input checked="" type="checkbox"/> Trip Plan                         |
| <input type="checkbox"/> Fishing license (if over age 15)  | <input type="checkbox"/> (left with a responsible adult)              |
| <input type="checkbox"/> Sit pad or sleeping pad chair kit | <input checked="" type="checkbox"/> Weather radio                     |

## Scouting Required

- |  |  |
|--|--|
| <input type="checkbox"/> Class A uniform shirt (for travel) <sup>3</sup> | <input checked="" type="checkbox"/> Tour Permit            |
| <input type="checkbox"/> Permission Slips                                | <input checked="" type="checkbox"/> Guide to Safe Scouting |
| <input type="checkbox"/> Medical Forms                                   | <input type="checkbox"/> Scout Handbook                    |

© - Community Gear: • Camping Items: generally at least one item or set per Patrol. • Other/Extras and Scouting Required: generally at least one item per trip.

<sup>1</sup> - Tents, Tarps may be shared, depending upon size. An excellent way to save on weight. Scouting rules apply.

<sup>2</sup> - Recommend puncture resistant plastic bags such as trash compactor liners, Glad (brand name), or equivalent. Regular plastic trash/garbage bags OK.

<sup>3</sup> - For SUMMER CAMPS, CAMPOREE, O/A: a FULL CLASS A UNIFORM is REQUIRED for ceremonies, along with Class B shirts for activities.